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## Early Childhood News

*From Dubuque County Early Childhood - a nonprofit that builds collaboration around the needs of families with young children.*

Shared Vision: "All Children in Dubuque County are Healthy and Successful."

May 2016  
[www.dcearlychild.org](http://www.dcearlychild.org)

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#### Quick Web Links

[Dubuque County Early  
Childhood](#)

[First Years First](#)

[Early Childhood Iowa](#)

[Join Our Mailing List!](#)

## Voice Your Child Care Needs

The Community Foundation of Greater Dubuque and United Way of Dubuque Area Tri-States are partnering to assess local child care needs. If you have children ages 0-9 and live or work in Dubuque, take a 15-minute survey to tell about your experience securing child care for your family. Enter to win one of four \$50 Hy-Vee gift cards. Click on:

<https://www.dbgfoundation.org/childcare-needs-assessment-survey>



## Upcoming Meetings - Dubuque County Early Childhood

**SAVE THE DATE!** Kids Expo-Dubuque County will be on October 8, 2016, from 10 a.m. to 2 p.m. at the Grand River Center. It's the premier family resource and fun fair for our community. Don't miss it.

**Sustainability/Resource Development Group** - May 3, 1:30 p.m., Keystone AEA

**Kids Expo Planning Team** - May 9, 10:00 a.m., Keystone AEA

**Early Care and Education Committee** - May 9, 1:00 p.m., Keystone AEA

**Executive/Finance Committee** - May 10, 12:00 p.m., Keystone AEA

**Long-Range Planning Committee** - May 12, 11:30 a.m., Archdiocese Pastoral Center

**Dubuque County Early Childhood Board** - May 24, 12:00 p.m., Keystone AEA

**NOTE:** Meetings are subject to change. To obtain meeting agendas, minutes, or location/directions - contact DCEC at (563) 588-1620, [sedward24@aol.com](mailto:sedward24@aol.com). All meetings are open to the public and are held at locations reasonably accessible to the public. Submit questions or requests for special accommodations to (563) 588-1620.

## May is Health Vision Month

According to the American Optometric Association (AOA), infants should have their first comprehensive eye exam at six months of age. Children then should receive additional eye exams at three years of age and just before they enter kindergarten.



It's important to monitor children's eyes to make sure their vision is developing properly. Early detection is important to avoid any developmental delays or future eye issues. The following

link contains month-by-month vision milestones for children birth to age one.

[www.allaboutvision.com/parents/infants.htm](http://www.allaboutvision.com/parents/infants.htm)

Reprinted courtesy of Iowa Family Support Network Newsletter.

## Visit "Changing Minds" - Community Mental Health Fair

Here is great opportunity to connect with local resources that support mental health services.

# Changing Minds

**FREE Community Mental Health Resource Fair**

**Monday, May 23, 2016**

2:30 pm – 7:00 pm

Grand River Center

500 Bell St., Dubuque, IA 52001



### FEATURING

#### Over 20 Mental Health Provider Exhibits

2:30 pm – 7:00 pm

#### Joan Becker

5:45 pm

Joan's son, Mark, is serving a life sentence for killing the popular Parkersburg, IA high school football coach. Mark suffers from paranoid schizophrenia and heard voices telling him to kill Coach Thomas. Learn about her family's experience with mental illness.

#### Colleen Mahoney Ph.D., MSW

4:15 pm

Discover ways consumers, family members, and providers might move beyond their differing perspectives to develop collaborative relationships and work together toward mental health recovery.

#### Bryan Dempsey, Iowa Medicaid Enterprise

3:00 pm

Get updated on the Iowa Medicaid managed care program and Medicaid Modernization

Social Work Continuing Education Units (CEUs) have been applied for.  
Nursing CEUs have been applied for, IBON #94.



1 in 5 of us has a mental illness in a given year. It's okay.  
Given the right environment, we can all grow.



TH MEDIA



Get details at [www.project-concern.org/changinminds](http://www.project-concern.org/changinminds)

### For More Info

Dubuque County Early Childhood (formerly Empowerment), 2310 Chaney Road,  
Dubuque IA 52001, Phone (563) 588-1620, fax not currently available

[www.dcearlychild.org](http://www.dcearlychild.org), [sedward24@aol.com](mailto:sedward24@aol.com)



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